

Upper Endoscopy (EGD) Instructions

General Instructions

1. Please read and follow these instructions carefully.
2. If you are on a blood thinner (Coumadin, Eliquis, Plavix, Xarelto, etc.), please see the attached special blood thinner instructions for management of these medications prior to your procedure.
3. If you have any questions, please call the facility at which your procedure will be performed. Please see the end of these instructions for a listing of all applicable facilities and phone numbers.
4. Please continue to take vital medications such as blood pressure or seizure medications. Take these medications even the morning of your procedure. You may take these medications with a tiny amount of water if needed.

The Day of Your Procedure

1. Please don't eat or drink anything else for at least 6 hours prior to your procedure.
2. Please arrive on time for your scheduled procedure.
3. If you have any questions, please call the appropriate endoscopy facility your procedure is scheduled at as per the following page.

Endoscopy Facilities

Central Utah Surgical Center

(801) 374-0354
1067 North 500 West Suite 100 Building B
Provo, UT 84604

Timpview Surgical Center

(801) 492-5994
1175 East 50 South Suite 101
American Fork, UT 84003

American Fork Hospital Endoscopy Department

(801) 855-3361
170 North 1100 East
American Fork, UT 84003

Spanish Fork Hospital Endoscopy Department

(385) 344-6011
765 East Market Place Drive
Spanish Fork, UT 84660

Utah Valley Hospital Endoscopy Department

(801) 357-7743
1034 North 500 West
Provo, UT 84604

Mountain View Hospital Same Day Surgery

(801) 465-7576
1000 East 100 North
Payson, UT 84651

Timpanogos Hospital Same Day Surgery

(801) 714-6644
750 West 800 North
Orem, UT 84057