

# ORTHO EVRA™ Birth control you can wear

As effective as the Pill, but even simpler.

- The only weekly method
- Can be worn discreetly
- Stays put—even with humidity, exercise, and swimming
- A patch a week for 3 weeks in a row; week 4 patch-free



Buttock



Abdomen



Upper Torso  
(excluding the  
breasts)



Upper Outer Arm

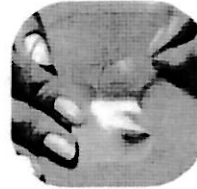
## How to apply ORTHO EVRA

Follow these simple steps:

Always apply your patch to clean, dry skin. Avoid putting creams, lotions, oils, powder, or makeup on or near your patch, to make sure it sticks properly.



1 Open the foil pouch by tearing off the top edge **and** 1 side edge; then, peel the foil pouch apart and open it flat.



4 Apply the sticky side of the patch to the skin you have cleaned and dried; then, remove the other half of the liner.



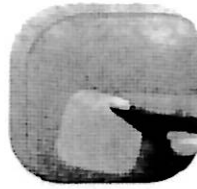
2 Using your fingernail, lift 1 corner of the patch and peel the patch **and** the clear plastic liner off the foil pouch together. (Be careful not to accidentally remove the clear liner when you remove the patch.)



5 Press down firmly on the patch with the palm of your hand for 10 seconds, making sure that the edges stick well.



3 Peel away half of the clear plastic. (Avoid touching the sticky surface.)



6 Run your finger around the edge of the patch to make sure it is firmly in place.

The contraceptive patch contains hormones similar to those in birth control pills. Hormonal contraceptives are not for everybody. Most side effects of the contraceptive patch are not serious and those that are, occur infrequently.

Serious risks, which can be life threatening, include blood clots, stroke or heart attacks and are increased if you smoke cigarettes. Cigarette smoking increases the risk of serious cardiovascular side effects, especially if you are over 35. Women who use hormonal contraceptives are strongly advised not to smoke. Some women should not use the contraceptive patch, including women who have blood clots, certain cancers, a history of heart attack or stroke, as well as those who are or may be pregnant. **The contraceptive patch does not protect against HIV or other sexually transmitted diseases.**

Please read the attached Detailed Patient Labeling.

ORTHO-McNEIL

Ortho-McNeil Pharmaceutical, Inc.

Ortho Evra™  
(norelgestromin/ethinyl estradiol  
transdermal system)