

Chiropractors:

American Fork:

- Platinum Chiropractic, Debbie Punn. Phone: 801-960-0541
- Cadence Chiropractic. Phone: 385-437-6966

Bluffdale:

- Kids only Chiropractic. 801-290-8966

Draper:

- Nathan Wall Thriving Chiropractic. Phone: 801-590-0600

Holladay:

- Family First Chiropractor . Phone: 801-281-1688

Lehi:

- Flow Chiropractor. Phone: 385-369-6200

Orem:

- Sound Correction Chiropractic, Dr. Beadle. Phone: 801-900-3223
- Timpview Chiropractic, Dr. Spencer Erickson. Phone: 801-8762-6940

Prenatal Massage Therapist:

Kevin Mann, Eagle Mountain. 801-996-7911. summitmedicalspa.com

Latissa Graham, South Jordan. 801-616-9925. healingpowewroftouchmassage.com

Clarissa Hansen. Draper. Phone: 801-651-0916. clarissahansenlmt.com

Physical Therapist:

- Elevate Fitness and Rehab. Orem. 801-221-9060
- Align Therapy. Lehi. 801-980-0660.
- Fyzical Therapy. Provo, Orem, American Fork, Lehi, Spanish Fork. fyzical.com
- Beck spinal care & Rehab. Spanish Fork. Phone 801-798-7176

Pelvic Floor Physical Therapy:

- Reborn Pelvic floor in Lehi
- Beyond the V
- Align, Salt Lake City. Susan McLaughlin.

Instagram accounts:

- Your essential birth
- The.vagina.whisper
- Pelvicfloormomma