|  |
| --- |
| **WHAT TO EXPECT DURING PREGNANCY** |
| **PREGNANCY DISCOMFORTS IN 3RD TRIMESTER** |
| **LABOR & DELIVERY** |
| **LABOR COMFORT MEASURES** |
| **RELAXATION POST-PARTUM** |
| **BREASTFEEDING** |
|  |
| **BREASTFEEDING** |

|  |  |
| --- | --- |
| **Wed** |  |
| **Wed** |  |
| **Wed** |  |
| **Wed** |  |
| **Wed** |  |
| **Wed** |  |

**SCHEDULE**

**DETAILS**

Classes start Wednesday

Classes start at 6pm

The cost is $120.00

Classes will be held at our PG address:

1866 W 800 N

Pleasant Grove, UT 84062

CLASS SIZE IS LIMITED

PRENATAL

**CLASSESS**

**EMAIL** [**PGWomensCenter@REVEREHEALTH.COM**](mailto:PGWomensCenter@REVEREHEALTH.COM) **TO SIGN UP**

please include your name, phone number & due date



Your health above all else