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| **WHAT TO EXPECT DURING PREGNANCY** |
| **PREGNANCY DISCOMFORTS IN 3RD TRIMESTER** |
| **LABOR & DELIVERY** |
| **LABOR COMFORT MEASURES** |
| **RELAXATION POST-PARTUM** |
| **BREASTFEEDING** |
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| **BREASTFEEDING** |

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| **Wed** |  |
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| **Wed** |  |

**SCHEDULE**

**DETAILS**

Classes start Wednesday

Classes start at 6pm

The cost is $120.00

Classes will be held at our PG address:

1866 W 800 N

Pleasant Grove, UT 84062

CLASS SIZE IS LIMITED

PRENATAL

**CLASSESS**

**EMAIL** **PGWomensCenter@REVEREHEALTH.COM** **TO SIGN UP**

please include your name, phone number & due date

Your health above all else